Name:

Unseen Reflection Exercise

Read the extract below and mark:

- **M** in the margin when a memory from your own life comes to mind.
- **E** when you feel an emotion while reading.
- **T** when you have a thought of your own that isn't just repeating what you read.

When you're finished, write a few sentences explaining your memories, emotions, and thoughts.

Memories:

Emotions:

Thoughts:

Additional Comments: